Flourishing Together: Inside Out

What does this mean to you?

Acting with kindness. Flowers flourishing together. Showing that looking after your inside is as important as your outside.

There are lots of different things (skills, personality traits, gifts) inside of us that we can share with others around us. We can all help each other to grow by sharing our gifts.

We flourish as a class in the outside courtyard. We're flourishing from our inside (heart) and outside. We could flourish together so other people are not alone. If you can be kind on the inside, then you can be kind on the outside. We can flourish to make new friends.

Spread feelings on the inside to all on the outside. Show your love to others- if you're feeling grateful, say kind things etc

We are all kind together inside the classroom and outside the classroom. We show ubuntu and respect each other. We help others as we are all connected.

Always together helping others, being kind, growing and learning

Showing Ubuntu, being kind, spreading love, sharing and connecting together.

Working together, we have unique gifts inside us to give to the world and others.

being kind to each other, respecting others, helping each other, having reflective time with your friends, being unique, we are all equal

Being kind to everybody, growing strong and kind, showing love inside and out to show love to yourself and loves

We are growing as one and united together in a connected world.

What could we have in the Inside Out Courtyard and/or what could you do there?

Reflecting within nature. We could grow vegetable. We could paint stones of people holding hands and put them together. Have a Magnificent, Marvelling Moment space.

We could: have reflection time, do chalk drawings, have class worships, plant bright and colourful flowers, read, more seating

Prayers. Decorate the paving slabs. Paintings. Draw things from the bible and draw the Forever Flourishing Tree. Grow more trees to represent more flourishing. Decorations on the tree. Hang up the 3 values on display in there.

Chalk boards (screwed into the wall) where children could write mindful messages

A blackboard or whiteboard to share what Inside Out means to us or how we can show the school values. We could paint the tiles or make more stones with patterns or pictures from the Bible. We could have a prayer wall.

plant more trees, say a prayer, wildflowers, painting tiles

leave notes for people and classes for them to find, We could flourish.

grow things that we can pick for snack, a praying area, quiet areas to think about how we have been learning

pond, paper aero planes with everyone's name, completed work there like art lessons, put up decorations, class worship, decorate stones, paint the tiles, relax and read on beanbags, make some art

Decorate it with art work, have thinking time, say a prayer there, smile at other and wave

A large tree growing in the middle. Calming music to create a relaxed environment. More potted flowers that the Eco warriors could take responsibility for. Glow jars to represent that Jesus is the light of the world. Decorated tiles throughout the courtyard.

Where could we sow the wildflower seeds?

At the back of the field by the fence. Have a space in the Inside Out courtyard. We could put them under the windows of the classrooms in the front playground.

Near the bike shed we could make a wildflower garden.

In the Inside Out Courtyard. Down the side of the playground by the fence. By the fence on the back playground. By the field.

Outside the Hive?

An area of the field, at the front of school

Inside out courtyard, within apple trees for a marvelling moment space

Around the apple trees.

in the corner of the field, all along the fence around the field

flower beds in the playground, in the boat at the front, around the edge of the field, courtyard, green patch near gold car park to see at the end of the day, near the oak tree

In the courtyard so we can see them and along the fence on the field so other can see them too- inside out!

At the end of the field where there is a shipping container. Along the fence by the field as this area receives good sunlight. Around the orchard area.

What do you think biodiversity means?

2CB weren't sure so we did some research on it.

A variety of life in an area

Diversity means different. Differences in wildlife.

We used google to research! We think it means all natural and beautiful things that make up the earth

Many different plants and animals in an area

different plants and animals, wild space,

differences in the world like flowers aren't all pink

the opposite to diversity? lots of different things

planet - global warming, a diverse world, we are all connected ubuntu

Lots of plants around, different colour flowers and animals, different birds

The earth being filled with animals and plants that are unique and exist in harmony together.

Your class is going to Hengistbury Head soon. Do you have any suggestions for a Magnificent Marvelling Moment during the visit (a time for stillness, reflection, awe and wonder)?

Take a photo of something that inspires us. Appreciate the nature around us. Collect natural materials for our prayer table. Collect naughty nurdles.

Sketching the landscape from the top of the head.

We could take clipboards and look at nature to observe. Paintings. Just stop and enjoy.

Whilst we are walking, we can identify nature and wildlife. Visit the pond and reflect on our time at school, someone could say a prayer.

Sit and reflect on what a lovely place we live in and appreciate the opportunities we have at St Katharine's School including being by the sea. Appreciating the nature. Look out for animals and nature,

prayer at the top, respect the sea, reflect on the history and beauty of the view

Blowing bubbles

being quiet with our eyes closed and listening to all the noises of nature

look at the view from the top, walk along the beach and climb on the groynes, create a piece of artwork

We might have a mellow minute, we might draw some pictures, we might be still, listen to birds like blue tits, listen to the waves

Sit on top of the Head and reflect by looking at the sea view. We could walk round the Head to Long Groan as it is a tranquil place. We could visit the bird watching house to see what birds and wildlife we can see. We could search for nuggets of iron by the beach as there used to be mines in this area.

What ideas do you have for worship this term linked to the theme 'Flourishing Together: Inside Out'?

Factfile of a range of animals. Make signs to save nature! Sponsor an endangered animals. Look out and save insects. Make a birdhouse. Have a talk from the RSPCA.

The plants and creatures native to our area. How we grow/things that help us to grow (experiences at school, people around us), The New Forest

The Tree in me. The mustard seed.

Each class/year group could have different seeds to grow in school. How we can protect nature and the plants around us in the community.

mix year groups for class worship, on field worship, field painting our surroundings

Different flowers to show diversity

struggled with ideas for this one - how we are all connected and linked so for everyone to flourish we have to do our small bit

paddling pool worship, water based activity, set up a fundraiser, build something collaboratively, create homes and objects for things,

sharing plants and animals in our local area, animals at HH, year groups taking it in turns to share MMM linked to biodiversity in our local area (weekends, playground, trips etc.)

A plant could be on the worship table and we could watch it grow during each worship. Every student will plant a flower and bring it with them to worship. We could join another school in a different part of the world participating in their worship. We could use drama to act out some of the stories shared in worship.